

November 2025

Longmont Meals on Wheels
303-772-0540
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Menu items are subject to change. If you have any questions about sodium and carbohydrates, call the office. Please call with schedule changes before 5pm the day before delivery. 303-772-0540					1
2	3 Swedish Meatballs	4 Mac & Cheese	5 Italian Sausage w/ Onions & Peppers National Donut Day	6 Stuffed Peppers	7 Potato Crusted White Fish	8
9	10 Pork w/ Mushroom Sauce	11 CLOSED	12 Cobb Salad	13 Pesto Chicken	14 Beef Fajitas	15
16	17 Meatloaf	18 Creamy Tomato Ravioli	19 Cabbage Rolls	20 Lemon Pepper Pork Chop	21 Chicken w/ Mushrooms, Onions, & Cheese National Gingerbread Day	22
23 30	24 Pot Roast	25 Manicotti	26 Turkey Dinner	27 CLOSED HAPPY THANKSGIVING	28 CLOSED	29

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.