



May 2025

Longmont Meals on Wheels
303-772-0540
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Menu items are subject to change. Please call with schedule changes before 5pm the day before delivery. 303-772-0540 🍞 = higher carb 🧂 = higher sodium				1 Cobb Salad	2 Chicken w/ Mushrooms, Onions & Cheese	3
4	5 Beef Fajitas	6 Creamy Tomato Ravioli 🍞	7 Pork w/ Mushroom Sauce	8 CLOSED	9 Quiche	10
11 	12 Italian Sausage w/ Onions & Peppers	13 Swedish Meatballs National Apple Pie Day	14 Tuna Salad	15 Mac & Cheese	16 Turkey & Gravy	17
18	19 Meatloaf	20 Lemon Pepper Pork Chop	21 Manicotti	22 Stuffed Peppers National Vanilla Pudding Day	23 Bean Burrito Casserole	24
25	26 CLOSED Memorial Day	27 Cabbage Rolls	28 Pot Roast	29 Chicken Parmesan 🍞	30 Italian Cod	31

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.