

# April 2025

Longmont Meals on Wheels  
303-772-0540  
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Honey Mustard Pork	2 Chicken Tenders <i>National Peanut Butter &amp; Jelly Day</i>	3 Beef Stroganoff	4 Veggie Pizza	5
6	7 Pork and Veggie Eggrolls 	8 Turkey Rice Casserole	9 Swiss Steak	10 Chicken Taco Bake	11 Tuna Noodle Casserole	12
13	14 Chicken w/ Mushrooms, Onions & Cheese	15 Manicotti	16 BBQ Chicken	17 Meatball Marinara Subs	18 Ham w/ Pineapple Sauce	19
20 <b>HAPPY EASTER</b>	21 Breaded Cod	22 Chicken Carnitas	23 Pot Roast	24 BBQ Pulled Pork	25 Jersey Mike's Sandwich	26
27	28 Pasta Alfredo w/ Veggies 	29 Meatloaf	30 Turkey Pot Pie <i>National Oatmeal Cookie Day</i>	<p>Menu items are subject to change. Please call with schedule changes before 5pm the day before delivery. 303-772-0540</p> <p> = higher carb     = higher sodium</p>		

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.