

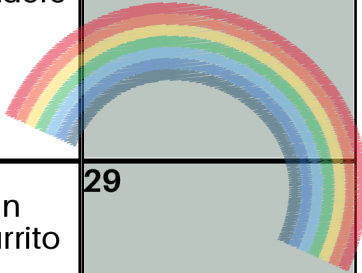




March 2025



Longmont Meals on Wheels
303-772-0540
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Ham w/ Cherry Sauce	4 Sloppy Joes	5 Pork Chop w/ Creamy Gravy National Oreo Cookie Day	6 Chicken, Broccoli, Rice Casserole	7 Cheese Enchilada Casserole	1 / 8
9 Daylight Savings Begins (set clock forward 1 hour)	10 Turkey Patty	11 Meatloaf	12 Salmon and Potato Bake	13 Sweet and Sour Pork	14 Jersey Mike's Sandwich	15
16	17 Corned Beef and Cabbage 	18 Vegetarian Shepherds Pie	19 Chicken a la King National Chocolate Caramel Day	20 Ground Beef Tamale Bake 	21 Chicken Tenders	22 
23	24 Breaded Cod	25 Chicken Teriyaki	26 Pot Roast	27 Lasagna Rollup	28 Vegetarian Breakfast Burrito	29
30	31 BBQ Meatballs		<div style="border: 1px solid green; padding: 5px;"> <p>Menu items are subject to change. Please call with schedule changes before 5pm the day before delivery. 303-772-0540</p> <p> = higher carb  = higher sodium</p> </div>			



The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.