November 2026

Longmont Meals on Wheels
303-772-0540
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Mac & Cheese	3 Italian Sausage w/ Onions & Peppers	4 Stuffed Peppers	5 Pesto Chicken National Donut Day	6 Quiche	7
8	9 Cabbage Rolls	10 Chicken w/ Mushroom Sauce	11 10-11:30 am delivery: Breakfast Burrito	12 Swedish Meatballs	13 Fettuccine Alfredo w/ Veggies	14
15	16 Crusted White Fish	17 **CLOSED**	18 Meatloaf	19 Southwestern Chicken Salad National Pop-Tart Day	20 Ham w/ Pineapple Sauce	21
22	23 Pot Roast	24 Creamy Tomato Ravioli	25 Turkey Dinner	26 **CLOSED** **HAPPY THANKSGIVING**	27 **CLOSED**	28
29	30 Beef & Cheese Enchilada Bake					

Menu items are subject to change. If you have any questions about sodium and carbohydrates, call the office. Please call with schedule changes before 5pm the day before delivery. 303-772-0540

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.