



## SCHEDULE REMINDERS

The Longmont Senior Center will be closed for annual summer maintenance from June 24 through July 4. As a result, our community lunch program at the Park View Cafe will also be closed during that time. Home delivered meals will continue as usual, except for our annual July 4th closure.

## DO YOU NEED AN ICE PACK?

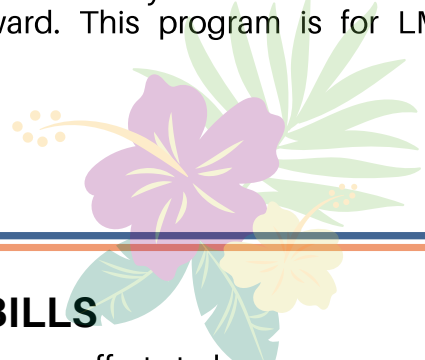
As temperatures rise, please remember to leave a cooler outside with ice in it if you are not home to receive your meal. Drivers have been asked not to leave meals if you are not home and you do not have a cooler with ice. We do not want your food to spoil in the heat. If you need a cooler or ice pack, call us at 303-772-0540.

## BEAT THE HEAT THIS SUMMER

Our 2022 summer forecast is a warm one. We want to be sure our clients have at least one cool room to retreat to if the heat becomes excessive. Please call our office at 303-772-0540 if...

- you do not have air conditioning in your home or a cool room in a heat wave.
- you cannot afford a window unit.
- you can afford or already have a window unit, but need one installed.

We are trying our best to partner with a few local retailers for window air conditioning units and with Cultivate's Fix-It program for installation. Your responses will help us assess your needs to determine the best way forward. This program is for LMOW clients only.



## ASSISTANCE WITH UTILITY BILLS

Longmont has multiple programs to help residents with utility bills. In our efforts to keep everyone cool and safe, we want to be sure you know about them in case running air conditioning makes your bill higher.

- The **Longmont CAREs** assistance program runs through the city directly. If you qualify for any of the following programs, you are eligible for Longmont CAREs: LEAP, SNAP (food assistance), Medicaid-MSP or SLMB, 104PTC. If you qualify for another program with the same (or lower) income requirements as LEAP, you can request that they accept that program. Call 303-774-4490, e-mail LongmontCares@LongmontColorado.gov or go to [bit.ly/longmontcares](http://bit.ly/longmontcares).
- **Colorado's Affordable Residential Energy Program (CARE)**. This program can help with free energy-efficient upgrades right in your home. For more information call 303-825-8750 or go to [bit.ly/coaffordableenergy](http://bit.ly/coaffordableenergy).
- **Colorado Low-income Energy Assistance Program (LEAP)** helps towards your gas bill and potentially your electric bills as well. LEAP only accepts applications between November and April. If you're looking for assistance outside of LEAP season, it may be available. Please call 1-866-HEAT-HELP (1-866-432-8435) for more information. In order to apply online go to the Colorado PEAK website.



For all of these programs, you can get help from resource specialists at the OUR Center 303-772-5529 or the Longmont Senior Center 303-651-8411.