



## August 2022 NEWS

### Longmont Meals on Wheels

910 Longs Peak Avenue, Longmont CO 80501  
longmontmeals.org 303-772-0540

### IMPORTANT DATES

Longmont Meals on Wheels will not be delivering on Monday, Sept. 5th to observe Labor Day. If you need extra meals delivered to cover that day, please contact us at 303-772-0540 by Monday, August 29th.

### PETS AND WEATHER: HOT WEATHER PRECAUTIONS

It is best to avoid taking your pet with you in the car when it is hot outside unless a cool environment can be assured. Never leave your pet alone in a car when it is hot outside, even for a matter of minutes. Also, make sure your pet has access to shade and plenty of water.

- Hot cars can turn deadly - even with the windows cracked. Within 10 minutes the temperature inside an automobile can rise to 160.
- Dogs that are kept outside need available shade and water at all times.
- Dogs should be properly groomed so that their hair doesn't get too long. Dogs with long hair are more susceptible to heat stroke and other hot weather problems.
- Be mindful of hot pavements. Dog paws are easily injured on super-hot streets and it is very painful.
- Always read labels on garden products, bug sprays, and other outdoor products to make sure they are pet friendly.

For information regarding animal related issues you may call (303) 651-8500.

### FREE "LYONS FLYER" BUS SERVICE

Commuter transit bus service along US 36 between Lyons and Boulder has been restored.

Starting Monday, June 27, Lyons Flyer is free to ride, no fare or pass required, and will operate three daily round trips during the morning and afternoon rush hours. Service is provided Monday



through Friday, excluding federal holidays. All vehicles are ADA accessible and have space to accommodate two passengers using wheelchairs or mobility devices.

For additional information including the full schedule, contact Alex Hyde-Wright at [ahyde-wright@bouldercounty.org](mailto:ahyde-wright@bouldercounty.org) or 303-441-4910.

### SUMMER FUN: ACCESSIBLE TRAILS AND SITES GUIDEBOOK

Accessible trails in Boulder Colorado offer opportunities to get outdoors for people of all abilities! Coupled with the Accessible Trails and Sites handbook, you can now go enjoy your local trails and learn about native flora and fauna as well as fun historical facts!



For more information visit: [AccessibleOSMP.org](http://AccessibleOSMP.org)

