


# January 2026

Longmont Meals on Wheels  
303-772-0540  
www.longmontmeals.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Menu items are subject to change. If you have any questions about sodium and carbohydrates, call the office. Please call with schedule changes before 5pm the day before delivery. 303-772-0540			1 <b>CLOSED</b> <b>HAPPY NEW YEAR!</b>	2 BBQ Pulled Pork Sandwich	3
4	5 Turkey Rice Casserole	6 Pork and Veggie Egg Rolls	7 Meatball Marinara Subs	8 Chicken Carnitas	9 Tuna Noodle Casserole	10
11	12 Chicken w/ Mushrooms, Onions & Cheese	13 Manicotti	14 Honey Mustard Pork	15 Southwestern Chicken Salad	16 Swiss Steak National Fig Newton Day	17
18	19 <b>CLOSED</b>	20 Pot Roast	21 Chicken Tenders	22 Breaded Cod	23 Veggie Pizza	24
25	26 Meatloaf	27 Pork Taco Bake National Chocolate Cake Day	28 Turkey Pot Pie	29 BBQ Chicken	30 Beef Stroganoff	30

The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy and Sesame. Please notify staff for more information about these ingredients.