



## August 2025 NEWS

*Longmont Meals on Wheels*

910 Longs Peak Avenue, Longmont CO 80501  
longmontmeals.org 303-772-0540

### IMPORTANT DATES

Longmont Meals on Wheels will be closed for all services on Monday, September 1 to observe Labor Day.

The Longmont Senior Center will be closed for annual summer maintenance from July 21st through August 4th, reopening August 5th. As a result, our community lunch program at the Park View Cafe will also be closed during those days. **Home delivered meals will continue as usual.**

### ICE PACK & COOLER REMINDER

Drivers have been asked not to leave meals if you aren't home and you don't have a cooler with ice. If you need a cooler or ice pack, call us at 303-772-0540.

### PETS AND HOT WEATHER



It is best to avoid taking your pet with you in the car when it is hot outside unless a cool environment can be assured. Never leave your pet alone in a car

when it is hot outside, even for a matter of minutes. Also, make sure your pet has access to shade and plenty of water.

- Hot cars can turn deadly - even with the windows cracked. Within 10 minutes the temperature inside an automobile can rise to 160.
- Dogs that are kept outside need available shade and water at all times.
- Dogs should be properly groomed so that their hair doesn't get too long. Dogs with long hair are more susceptible to heat stroke and other hot weather problems.
- Be mindful of hot pavements. Dog paws are easily injured on super-hot streets, and it is very painful.

For information regarding animal related issues you may call City of Longmont animal control at 303-651-8500.

### VIA MOBILITY SERVICES

Via offers older adults and people with disabilities a way to get from one place to another. Via Paratransit is a transportation service from any origin to any destination in their service area, including Adams, Arapahoe, Boulder, Denver, Jefferson, Larimer (Estes Park) and Weld counties. Rides are for medical, personal, employment, social and shopping needs. Paratransit is a shared-ride service, and schedules change daily based on where riders need to go. Drivers escort riders door-through-door and assist them on and off the bus.

Before you can begin riding with Via Paratransit, please call a Mobility Specialist at 303-444-3043. A family member or caregiver may complete the phone interview and request a ride for you. Via is also offering free rides through August 31. After that in-town fare is \$6 each way; town-to-town fare is \$12 each way. They may have funding available depending on factors like age or income status. Do ask them for financial assistance.



This program is different from RIDE Longmont (970-538-9097) and the RTD Senior Discount Card (303-299-2668) and RTD Access-a-Ride (303-299-2960). You may qualify for all of these transportation programs.

### KING SOOPERS DONATES

It's so simple to have King Soopers donate to Longmont Meals on Wheels on your behalf. All you have to do is link your loyalty card. To link your card, visit [bit.ly/SoopersRewards](https://bit.ly/SoopersRewards).



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